



WELCOME AND INFORMATION ABOUT SYNCHROSAIC LLC

Welcome to Synchronosaic LLC, an independent group of mental health clinicians who work in collaboration with Essex Pediatrics to provide you, your child, and/or your family with mental health services and support. All services provided by your clinician are billed by Synchronosaic LLC.

Please complete the following intake paperwork in its entirety prior to your first appointment:

- Release of Information
- Policies
- Intake Information
- Informed Consent
- Telehealth Consent Form
- Text and Email Policy

Included in this intake packet is information about your clinician. Please review this disclosure so that you know about your clinician, their background, training, and the best way to contact them in between sessions.

You will also find the "Notice of Psychologists' Policies and Practices to Protect the Privacy of Your Health Information" and, "Preparing for Your Telehealth Appointment". Please review these prior to your appointment.

Your clinician will be happy to review any and all of this information with you at your first appointment.

If you have any questions, please don't hesitate to contact us at the address, email, or phone number above.

Thank you,

Catherine E. Burns, PHD
Licensed Psychologist Doctorate
Proprietor - Synchronosaic LLC



CATHERINE E. BURNS, PH.D.

Vermont Licensed Psychologist - Doctorate #48.0000857

Individual NPI #1295910206

Synchronsaic NPI #1326401670

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email: cath.burns@synchronsaic.com

DISCLOSURE OF INFORMATION

As mandated by Vermont State Law and the Rules of the Board of Psychological Examiners (January 15, 2015), Part 6.8, the following information about my professional qualifications and a copy of the statutory definitions of unprofessional conduct (26 V.S.A. 3016 and 3 V.S.A. 129a), and information for making a consumer inquiry or filing a complaint is herein provided to you.

Professional and Educational Qualifications

UNIVERSITY OF VERMONT Ph.D. October 2001	Burlington, VT
UNIVERSITY OF VERMONT Master of Arts, October 1998	Burlington, VT
UNIVERSITY OF COLORADO Master of Arts, August 1992	Boulder, CO
SKIDMORE COLLEGE Bachelor of Arts, May 1986	Saratoga Springs, NY

Background Information

I am a Licensed Psychologist – Doctorate in the State of Vermont. I was trained as a School Psychologist in Colorado, and completed my Doctorate at the University of Vermont with a focus upon Developmental Psychology. I currently am a psychologist in independent private practice and am the sole proprietor of Synchronsaic LLC.

Prior to starting my private practice, I worked in Vermont in Community Mental Health agencies serving children, youth and their families predominately in their homes and schools. My clinical work in these settings addressed a variety of emotional, behavioral, and developmental concerns experienced by children, youth and their families using predominantly behavioral and cognitive behavioral approaches. I also have a background in assessment both as a school psychologist in school settings, as well as with families whose children and youth have complex diagnostic presentations as part of an interdisciplinary team. I continue to provide clinical supervision to masters and doctoral level clinicians seeking licensure.

Other relevant experiences include directing a program for youth with Autism and as the Children's Clinical Director for a Community Mental Health Agency. I have taught graduate classes in Developmental Psychology and Applied Behavioral Analysis for Johnson State College, SNHU's program in Community Mental Health, and undergraduate classes at UVM in Adolescent Development. I also have worked in quality assurance and outcomes in community mental health, and continue to spend part of my professional career working in policy as it relates to the evaluation and promotion of community mental health.

Office of Professional Regulation Notice

The Office of Professional Regulation provides Vermont licenses, certifications, and registrations for over 56,000 practitioners and businesses. Forty-six professions and occupations are supported and managed by this office. A list of professions regulated is found below.

Each profession or occupation is governed by laws defining professional conduct. Consumers who have inquiries or wish to obtain a form to register a complaint may do so by calling (802) 828-1505, or by writing to the Director of the Office, Secretary of State's Office, 89 Main Street, 3rd Floor, Montpelier, VT 05620-3402.

Upon receipt of a complaint, an administrative review determines if the issues raised are covered by the applicable professional conduct statute. If so, a committee is assigned to investigate, collect information, and recommend action or closure to the appropriate governing body.

All complaint investigations are confidential. Should the investigation conclude with a decision for disciplinary action against a professional's license and ability to practice, the name of the license holder will then be made public.

Complaint investigations focus on licensure and fitness of the licensee to practice. Disciplinary action, when warranted, ranges from warning to revocation of license, based on the circumstances. You should not expect a return of fees paid or additional unpaid services as part of the results of this process. If you seek restitution of this nature, consider consulting with the Consumer Protection Division of the Office of the Attorney General, retaining an attorney, or filing a case in Small Claims Court.

Accountancy	Naturopaths
Acupuncture	Nursing
Architects	Nursing Home Administrators
Athletic Trainers	Occupational Therapists
Auctioneers	Opticians
Audiologists	Optometry
Barbers & Cosmetologists	Osteopathic Physicians and Surgeons
Boxing Control	Pharmacy
Chiropractic	Physical Therapists
Dental Examiners	Private Investigative & Security Services
Dietitians	Property Inspectors
Drug and Alcohol Counselor	Psychoanalyst
Electrolysis	Psychology
Professional Engineering	Psychotherapist, Non-licensed
Funeral Service	Radiologic Technology
Hearing Aid Dispensers	Real Estate Appraisers
Land Surveyors	Real Estate
Landscape Architects	Respiratory Care
Marriage & Family Therapists	Social Workers, Clinical
Clinical Mental Health Counselors	Tattooists
Midwives, Licensed	Veterinary
Motor Vehicle Racing	

Chapter 78: Roster of Psychotherapists Who Are Nonlicensed

§ 4090. Disclosure of Information

The board shall adopt rules requiring persons entered on the roster to disclose to each client the psychotherapist's professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry, and provisions relating to the manner in which the information shall be displayed and signed by both the rostered psychotherapist and the client. The rules may include provisions for applying or modifying these requirements in cases involving institutionalized clients, minors and adults under the supervision of a guardian.