

Vermont Board of Allied Mental Health Practitioners Disclosure Requirement
Non-Licensed and Non-Certified Psychotherapists

Vermont law requires persons placed on the Roster of Non-licensed and Non-certified Psychotherapists to disclose to each client his or her professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry. This must be done by the third appointment.

Cara S. Corneau, MA

Qualifications and Experience

Formal Education:

August 2015 – May 2019
St. Michael's College
Master of Arts in Clinical Psychology

August 2001 – December 2005
St. Michael's College
Bachelor of Arts in Psychology

Training:

STEP Program (Program to address children with problematic sexual behaviors (PSB))
Tammy Leombruno – New England Counseling & Trauma Associates
25 Wentworth Drive, Williston, VT 05495
2013 - Present
CBT group model for families to address PSB

Resource Parent Curriculum
Amy Bielawski-Branch – The Vermont Child Welfare Training Partnership
208 Colchester Avenue, Burlington, VT 05405
2015 – Present
Trauma-Informed Parenting techniques/skills

CANS
Dr. John S. Lyons
Seattle, WA
November 2016
Certificate of Successful Completion

High Fidelity Wraparound Certification
The National Center for Innovation & Excellence

Melbourne, FL 32903
January 16-19, 2018

Experience:

Behavior Interventionist – Collaborative Achievement Team
Northwestern Counseling & Support Services, St. Albans VT
February 2011 – March 2013
Full-time
Supervised

Family Intervention Specialist
Northwestern Counseling & Support Services, St. Albans VT
March 2013 – February 2015
Full-time
Supervised

Service Coordinator – Family Support Services
Northwestern Counseling & Support Services, St. Albans VT
February 2015 – March 2016
Full-time
Supervised

Service Coordinator – Community Support Services
Northwestern Counseling & Support Services, St. Albans VT
March 2016 – February 2019
Full-time
Supervised

School Based Clinician Intern
Northwestern Counseling & Support Services, St. Albans VT
September 2017 – June 2018
Part-time Internship
Supervised

Outpatient Therapist
Northwestern Counseling & Support Services, St. Albans VT
February 2019 – December 2019
Full-time
Supervised

Pre-Licensed Psychotherapist in Private Practice
Cara Corneau, MA, LLC
December 2019- Present

Full-time
Supervised

Scope of Practice:

Therapeutic Orientation: Humanistic, Person-Centered, Cognitive Behavioral
Areas of Specialization: Children, Families, and Adolescence, Trauma-
Informed Care, Sexualized Behavior Treatment
Treatment Methods: Trauma-Informed Practice, Solution Focused,
Motivational Interviewing, Narrative Therapy, CBT Group

Information Concerning Unprofessional Conduct for this Profession is Found Below

CLIENT'S DISCLOSURE CONFIRMATION

My practice is also governed by the Rules of the Board of Allied Mental health Practitioners. It is unprofessional conduct to violate those rules. A copy may be obtained online at <http://vtprofessionals.org/>.

My signature acknowledges that I have been given the professional qualifications and experience of Cara S. Corneau, a listing of actions that constitute unprofessional conduct according to Vermont statutes, and the method for making a consumer inquiry or filing a complaint with the Office of Professional Regulation. This information was given to me no later than my third office visit.

Client Signature

Date

Practitioner's Signature

Date