



Important Information for your In-Person or Virtual Nutrition Visit through Essex Pediatrics

Please fill out these forms below through our new client link for your virtual or in-person nutrition visit. We bill separately from Essex Pediatrics and need insurance information and consent to bill prior to your nutrition visit.

Here is the link for forms:

<https://www.wholehealthnutritionvt.com/required-new-client>

Virtual Visit

If you have a Virtual Visit, here is the link for your virtual session. This link is HIPAA compliant.

Click on the link below to access the link for your virtual visit:

<https://doxy.me/juliedavis>

If you will have more than 1 device signing on, (like using two computers or devices from different areas, we will send you a personalized secure Zoom link to be able to have multiple people log on at one time from different places.) Please just let Julie know ahead of time if you need this accommodation and email: Julie@wholehealthnutritionvt.com.

In Person Visits

For In-Person Visits at Essex Pediatrics: **Please call or text Julie at 802-556-1047 when you arrive at the office.** Please do not enter the building or call the front desk at Essex Pediatrics. She will meet you and have you enter through door #2.

Insurance Information

Most Nutrition Sessions are covered by insurance. Here is a brief summary of insurance coverage for nutrition counseling. It is always recommended for you to verify your insurance coverage for nutrition counseling prior to your appointment.

BCBS, Cigna, MVP, United Health Care: Most commercial plans including Blue Cross Blue Shield of VT, Cigna, MVP, United Health Care cover 3 or more sessions per year. This coverage depends on deductibles, and each plan often varies according to the plan's home state.

Medicaid/Green Mountain Care: Provides full coverage for nutrition counseling.

Aetna: Aetna has limited insurance coverage; please call your home plan to verify your benefits.

Tricare: Tricare insurance has no nutrition coverage.