

ESSEX
PEDIATRICS
CAREGIVER
SUPPORT
NETWORK



FOR MOTHERS OF NEWBORNS **(babies under six months old)**

Thursdays at 9:30am

*Facilitated by Katie Novogroski, RN
Mount Mansfield Office*

Fridays at 9:30am

*Facilitated by Stephanie Roberts, LICSW
The Pico Office*

Enjoy a cup of coffee and a snack while connecting with other moms with similar experiences. To register for either group, please contact Katie Novogroski at 802-383-8540.

Essex Pediatrics Mental Health Group Space
15 Brickyard Road, Essex Junction